Extremity Extravaganza at Sea
Seminar by Dr. Mitch Mally

11/4-13/4 2014
Registration form:

Chiropractor

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<th>Country</th>
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<tr>
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Seaways Class

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Seaways Class

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<tr>
<td>DKK.</td>
<td>565,-</td>
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The price includes ferry, cabin, breakfast, coffee, tea, soft drinks, all inclusive dinner/buffet Saturday evening and conference materials.

Name:_____________________________________
Clinic:____________________________________
Address:___________________________________
Zip/City:_______________________________
Country:_______________________________
E-mail:_______________________________
Cell Phone.:_____________________________

Dr. Mitch Mally

EDUCATION:
1974 - 1978: Pre-Medical Program Wayne State University, Detroit Michigan.
Assisted Dr. Lyda Mattman, PhD, in research in Biochemistry, Immunology, and observational rounds in Electron Microscopy, Histology, Surgical and Anatomic Pathology and Cytology.

RESEARCH:
Compilation of data pertaining to a multitude of specialized cases involving Industrial/Occupational related upper extremity injuries and conditions.
Specialized extremity research cases referred to and treated by Dr. Mally from Minnesota, Wisconsin, Michigan, Florida, Indiana, Chicago, Iowa City, Connecticut, Denmark, Spain, Italy and Norway.
Chiropractic physician for local professional basketball (QC Thunder), hockey (QC Mallards), and baseball teams (QC River Bandits) treating many world class and celebrity athletes.
Compiled the largest (1500+) clinical case studies involving structural and functional limb length inequality directly causing foot/ankle knee, pelvic, hip and spinal deformity, scoliosis, total hip and knee replacements.
Developed protocols for balance, core center of gravity (COG), weight distribution and research procedures for restoring the COG.
Developed the X-Ray technique protocol for CTS using Dr. Mally’s patented X-POSERTM (US Patent No. 5,327,912), a benchmark for the radiographic analysis of CTS.

CREDENTIALS:
Member of American Chiropractic Association and Diplomate of the National Board of Chiropractic Examiners.
Internationally prominent Clinical Consultant for specialty cases involving extremity injuries.
Industrial and Ergonomic Consultant.
Member of Council on Sports Injuries, Council on Athletics and Physical Fitness, Parker Chiropractic Research Foundation, C.E.P.A, ProSport.
Developer of several widely acclaimed techniques for the diagnosis and treatment of extremity injuries and Carpal Tunnel Syndrome.
Creator of revolutionary C.T.S./extremity x-ray device (X-POSERTM) and exclusive patient ReferralTM system, a series of educational and promotional wall charts and coordinated. patient brochures.
Nationally prominent figure in the field of Sports Chiropractic.
Featured Speaker for National Chiropractic Conventions, State Associations, Chiropractic Colleges, Parker Seminars, Breakthrough Coaching, Master’s Circle, FCA, MCA, European Chiropractic Physicians Union, ProSport, C.E.P.A., ICA, etc.
COURSE DESCRIPTION

EXTREMITY EXTRAVAGANZA
This course offers a very popular introductory overview of the seven extremities highlighting the anatomy, biomechanics, radiology, featuring Dr. Mally’s unique protocols and technique demonstrations. Attendees will participate in a hands-on workshop including several of Dr. Mally’s authentic “Sniper-Specific” specialized extremity adjusting techniques exemplified and supported by multidisciplinary research articles.

SHOULDER/ELBOW
In this course, learn about Rotator Cuff Tears, Impingement Syndrome, Frozen Shoulder, Epicondylitis, Ulnar Neuropathy and many more conditions presented extensively. An emphasis is placed on anatomy, biomechanics, radiology and Dr. Mally’s Hands-On technique workshop.

WRIST/HAND/CARPAL TUNNEL
Learn the anatomy, biomechanics, radiology, differential diagnosis and Hands-On technique workshop for the most common wrist/hand injuries; featuring Carpal Tunnel Syndrome, Carpal Tunnel of Guyon, Piso – Hamate Syndrome, Anatomic Snuffbox Syndrome, Dequervains and more.

TMJ/CERVICAL SPINE
Reaching epidemic proportions world-wide, TMJ afflicts over 50 million Americans and costs consumers over $35 billion dollars annually. Dr. Mally teaches the anatomy, biomechanics, radiology and his TMJ technique in this incredible Hands-On technique workshop.

FOOT/ANKLE
This course features Dr. Mally’s expertise on Plantar Fasciitis, Morton’s Neuroma, Heel Spur Syndrome, Tarsal Tunnel Syndrome and many more conditions. Learn biomechanics, Hands-On technique workshop, Procedural Analysis and Measurement of the “Core Center of Gravity, plus, Orthoses Management.

KNEE/hip/LEG LENGTH
Learn the biomechanics of Tibial Torsion Syndrome, MCL/ACL ligament injuries, Shin Splints, Hip injuries and conditions and the effect on Low Back complaints. An in depth exciting discussion on Leg Length Inequality and Analysis follows with technique and Hands-On training, plus Orthoses Management.

5 PART EXTREMITY CERTIFICATION PROGRAM
1) Upper Extremity
2) Lower Extremity
3) TMJ and Cervical Spine
4) Carpal Tunnel and Cumulative Disorders
5) Low Back/Leg Length/Orthoses Management.

3 PART OCCUPATIONAL INJURY & PREVENTION CERTIFICATION PROGRAM
1) Biomechanics, Ergonomics, OSHA, NIOSH
2) Upper Extremity and Lower Extremity Injuries in the workplace
3) Carpal Tunnel Syndrome and Cumulative Trauma Disorders

Other seminars available with Dr. Mitch Mally below:

- Shoulder/Elbow
- Wrist/Hand/Carpal Tunnel
- TMJ/Cervical Spine
- Foot/Ankle
- Knee/Hip/Leg Length
Extremity Extravaganza at Sea Seminar by Dr. Mitch Mally

5 PART REHABILITATION PROGRAM
1) Upper Extremity
2) Carpal Tunnel/Wrist & Hand
3) Lower Extremity and Orthoses Management
4) Cervical Spine and TMJ
5) Core Stabilization & Balance

PART FALL PREVENTION CLINIC
1) Epidemiology, Statistics and Research
2) DDX, TX, Balance and Core Stability
3) Rehab Protocols, DME, Orthoses Management

5 PART CERTIFIED CHIROPRACTIC NUTRITIONAL ADVISOR (C.C.N.A) PROGRAM
1) Pain Recovery – Acute & Chronic Tissue Injury
2) Wellness & Anti-Inflammatory
3) Rehabilitation
4) Workshop, Marketing, etc.
5) Certification Exam (Oral & Written)

4 HOUR CEU LASER CERTIFICATION PROGRAM (AMERICAN SOCIETY OF LASER THERAPY)
1) Laser Physics and History of Laser
2) Laser Safety, Laser Tissue Interaction, Laser Absorption Characteristics
3) Clinical Application and Hand-On Workshop
4) Certification Exam

Dr Mally's EXTREMITY ADJUSTING TECHNIQUES 4-DVD Collection includes the Upper and Lower Extremities, TMJ, and Carpal Tunnel Syndrome/Cumulative Trauma Disorders. Each DVD (plus companion workbook) features abstracts of research, 3D animations of the extremity subluxations, computer graphics, exams and x-rays, plus Dr. Mally's "Sniper-Specific" extremity adjusting techniques on bone models, live speed and in slow motion. These AMAZING high tech DVDs are informative and a MUST to add to the DCs resource library and a self-help tool for ongoing training in the comfort of your home and practice. Purchase Dr. Mally's four DVD collection and receive his companion books at the "special" seminar discount as following:

EUR. 1270,00 ex.  NOW EUR. 1075,00 ex.
DKK. 9471,00 ex.  NOW EUR. 7999,00 ex.

Order today at +45 8661 3611 or e-mail: chiroform@chiroform.dk
Extremity Extravaganza at Sea Seminar by Dr. Mitch Mally

COURSE OUTLINE

FOOT / ANKLE (2 hours)
1. Foot Anatomy
2. Foot Biomechanics
3. Foot/Ankle Evaluation
   a. review of foot orthopedic examination
   b. specific evaluation of joints of the ankle and foot
   c. current clinical research related to foot evaluation
4. Foot/Ankle Radiology
5. Foot/Ankle Differential Diagnosis
6. Foot/Ankle Techniques (demonstration and workshop)
7. Foot/Ankle Case Studies (Orthotics workshop)

*Class breaks taken as required.
Each classroom hour equals not less than 50 minutes.

KNEE / HIP (2 hours)
1. KNEE / HIP Anatomy
2. KNEE / HIP Biomechanics
3. KNEE / HIP Evaluation
   a. review of orthopedic examination
   b. specific evaluation of the KNEE AND HIP joints
   c. current clinical research
4. KNEE / HIP Radiology
5. KNEE / HIP Differential Diagnosis
6. KNEE / HIP Techniques (demonstration and workshop)

LOW BACK / LEG LENGTH (2 hours)
1. CURRENT CLINICAL RESEARCH
2. CORE STABILITY & BALANCE
3. EVALUATION
   a. review of orthopedic examination
   b. specific evaluation of Leg Length
4. RADIOLOGY
5. DIFFERENTIAL DIAGNOSIS
6. DEMONSTRATION & WORKSHOP
7. CASE STUDIES (Orthotics workshop)

SHOULDER / ELBOW (2 hours)
1. SHOULDER / ELBOW Anatomy
2. SHOULDER / ELBOW Biomechanics
3. SHOULDER / ELBOW Evaluation
   a. review of orthopedic examination
   b. specific evaluation of the SHOULDER / ELBOW joints
   c. current clinical research
4. SHOULDER / ELBOW Radiology
5. SHOULDER / ELBOW Differential Diagnosis
6. SHOULDER / ELBOW Techniques (demonstration and workshop)
7. SHOULDER / ELBOW Case Studies
COURSE OUTLINE

WRIST / HAND (2 hours)

1. WRIST / HAND Anatomy
2. WRIST / HAND Biomechanics
3. WRIST / HAND Evaluation
   a. review of orthopedic examination
   b. specific evaluation of the WRIST / HAND joints
   c. current clinical research
4. WRIST / HAND Radiology
5. WRIST / HAND Differential Diagnosis
6. WRIST / HAND Techniques (demonstration and workshop)
7. WRIST / HAND Case Studies

M J (2 hours)

1. T M J Anatomy
2. T M J Biomechanics
3. T M J Evaluation
   a. review of orthopedic examination
   b. specific evaluation of the T M J joints
   c. current clinical research
4. T M J Radiology
5. T M J Differential Diagnosis
6. T M J Techniques (demonstration and workshop)
7. T M J Case Studies

Originally designed as a teaching/learning aid for adjusting technique classes at Palmer College, this versatile drop piece is also widely used as an extremity drop piece. The teaching/learning aid (Speeder Board) has a simulated high transverse process in the form of a raised "bump" under the cushion. The extremity drop piece version has a flat surface without the "bump". Both versions have adjustable tension control. It is intended to be used as an extremity drop piece and not as a cervical drop piece.

Specifications: 21x15x6 cm.

Price EUR. 117,00 ex.
Price DKK. 877,00 ex.

Order today at +45 8661 3611 or e-mail: chiroform@chiroform.dk
# Extremity Extravaganza at Sea

Seminar by Dr. Mitch Mally

## TIME FRAME PROGRAM

### 11/4 – 2014

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<th>Time</th>
<th>Activity</th>
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<tr>
<td>14.00 - 15.00</td>
<td>Check-in/Registration of “group” from DK Program Copenhagen, Denmark</td>
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<tr>
<td>15.00 - 15.10</td>
<td>Welcome and Introduction</td>
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<tr>
<td>15.10 - 16.30</td>
<td>Lecture/Workshop</td>
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<tr>
<td>16.45</td>
<td>Departure from Copenhagen, Denmark</td>
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<tr>
<td>16.30 - 17.00</td>
<td>Break (visit exhibition)</td>
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<td>17.00 - 19.00</td>
<td>Lecture/Workshop</td>
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### 12/4 - 2014

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<td>07 - 09.45</td>
<td>Breakfast in Restaurant 7 Seas</td>
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<td>09.45</td>
<td>Arrival in Copenhagen, Denmark.</td>
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<tr>
<td>09.00 - 10.30</td>
<td>Lecture/Workshop</td>
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<tr>
<td>09.45</td>
<td>Arrival in Oslo, Norway</td>
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<td>10.30 - 10.45</td>
<td>Break (visit exhibition)</td>
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<td>10.15 - 10.45</td>
<td>Check-in/Registration of “group” from NO Program Oslo, Norway</td>
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<td>10.45 - 13.00</td>
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### 13/4 - 2014

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## TIME FRAME PROGRAM

### 14/4 - 2013

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Extremity Extravaganza at Sea Seminar by Dr. Mitch Mally

VENUE INFORMATION:

The seminar will take place at the conference department at DFDS Seaways Cruise Ship.

DFDS Seaways Cruise Ship
The Copenhagen to Oslo route is home to some of the finest cruise ferries in the DFDS Seaways fleet.

On board the CROWN SEAWAYS or the PEARL SEAWAYS, sailing to and from Denmark, you'll have access to fantastic onboard facilities including jacuzzis, games rooms, bars and restaurants, as well as comfortable en-suite cabins.

These two modern cruise ferries operate a daily service, departing at 17:00 from both Copenhagen and Oslo.

DFDS Seaways - The World's Leading Ferry Operator

The World Travel Awards are the most prestigious awards in the travel industry, with every company in the travel sector battling it out to be a World Travel Award winner. Recently DFDS Seaways won the huge accolade of World's Leading Ferry Operator - an achievement in which we are extremely proud of. Every year the World Travel Awards are announced. Over the last couple of years, DFDS Seaways has reached exceptional heights and won some of the most fiercely sought after awards in the competition, including 'Europe's leading long sea ferry operator'.

John Crummie, UK Managing Director of DFDS Seaways quoted:

“The World Travel Awards are recognised as the Oscars of the travel industry. It is testament to the hard work of everyone at DFDS Seaways that we have been recognised as the leading operator for the fourth year running. It really does demonstrate that we are leading the way within the industry for quality ferry operations.”

So why not experience DFDS Seaways and find out for yourself why we are the world's leading ferry operator.

Website: www.dfds.dk

Please note:

When registration is made, its not possible to cancel. Only written registration is accepted. Registration fee is not refundable. We reserve the right to cancel the seminar until 5 weeks prior the seminar. If we cancel, all full paid registrants will receive full refund.